

DEVON LIFE

YOUR ESSENTIAL MONTHLY GUIDE TO THE COUNTY

devonlifemagazine.co.uk AUGUST 2023

SEASIDE PARTY

A-Z of SIDMOUTH
FOLK FESTIVAL

A love
affair with
CLASSIC
CARS

Adventures *on the* OCEAN

- Cruise ship welcome
- Wembury rockpools
- Exploring Seaton
- Sea swimming

IVYBRIDGE

Our 'really cool' brewery

KINGSBRIDGE

A new home for
international art

NORTH DEVON

The guerrilla gardeners



MEET THE EXPERT

We discover some of the county's top businesses, meet the experts and uncover the services they offer



ROB GOSLING SELECT DENTAL & DENTURE

If you told me 30 years ago, when I was starting out in the dental and denture industry that I would own a seven surgery, fully private practice employing 20 people, I would have laughed. Seeing dentistry evolve over this time has been fascinating.

For Select Dental to be able to offer all the latest treatments, with the most up to date technology, in the heart of Exmouth Town centre is something I am extremely proud of. With the decline of NHS dentistry, we are here to help, offering dental treatments and payment plans for all. Our patients are what makes us.

We are driven by providing high quality dental care and strive for the community to have a healthy and happy smile.

For enquiries: 01395 225600 / select-dental.co.uk

MATT MELKSHAM WESTCOTTS CHARTERED ACCOUNTANTS AND BUSINESS ADVISERS

I am a Director at Westcotts, based in our Exeter office. We support clients across a diverse range of sectors, however, one area I'm particularly passionate about is the renewable technologies sector, which has seen significant growth in Devon.

This sector is crucial for our evolving landscape, striking a balance between our energy needs and the reliance on less green energy sources. I have over 20 years' experience helping clients, including farmers and landowners, secure finance for projects like onshore wind, solar parks, and biogas initiatives. Helping them discover the potential of their assets to create a better future for our communities and generations to come.

For enquiries: 01392 288555 / westcotts.uk





PAT PATEL WICKED WOLF

Established in 2010, we spent five years researching and learning about the distilling process, botanicals and flavour compounds. We launched our first multi-award-winning gin in September 2010.

Over the years we have introduced a number of dry juniper-led gins: Silver Bullet uses the same botanicals as our original Wicked Wolf rebalanced for ABV 57%. Exmoor Gold Gin features distilled Exmoor Gold Ale from the Exmoor Ale Brewery. Full Moon Gin incorporates mango with black pepper. 1896 Lorna Doone Gin 42% uses local meadowsweet, whortleberries (bilberries) and heather. Our Exmoor Vodka, distilled using Sicilian lemons, gives a distinctive zesty flavour, working well neat, with a good tonic and as a fabulous bloody mary.

For enquiries: 01598 741357 / wickedwolfgin.com

SCOTT GRAY 247 PROPERTY AUCTIONS

247 Property Auctions is headed up by a very familiar face to the auction world. Scott Gray has been plying his skills and captivating audiences with his charm in West Country auction rooms for nearly two decades.

We are a RICS regulated firm of auctioneers, embracing the modern and increasingly popular online auction format, working with local estate agents to maximise the reach of your listing.

Whether you're interested in selling your property or investing in land across Cornwall, Devon, Somerset and beyond, we have the online auctions to help.

Get in touch to learn more about our property auctions and current sales.



For enquiries: 01395 247000 / 247propertyauctions.co.uk



MARK & VANESSA MCGLADE HOME INSTEAD EXETER & EAST DEVON

Home Instead Exeter & East Devon was established 12 years ago with a genuine commitment to providing exceptional care and companionship. We're proud to be the only local home care company rated as 'Outstanding' in all areas by the Care Quality Commission, and to be placed in the top two per cent of providers nationally.

Our ethos is to enable clients by doing tasks with them rather than for them, via one-hour minimum visits, 24-hour and Live-In Care options. This approach encourages independence and can improve outcomes by fulfilling not only the needs of our clients but their wishes too. Our care professionals are highly trained and regarded, making us the local care provider and care employer of choice, holding both 5 Star Employer in Care and Age-friendly Employer accreditations.

For enquiries: 01395 200600 / homeinstead.co.uk/exeter-east-devon

BRIAN GOODISON-BLANKS BEARNES HAMPTON & LITTLEWOOD AUCTIONEERS

I work alongside a large team of specialists at our Exeter saleroom covering all areas of fine art, antiques and collectables. We pride ourselves on our diverse expertise and professional range of auction and valuation services.

I am a director and specialise in maritime and sporting items. Our maritime department is the only one of its kind in the South West. We offer home visits by appointment, and it's been a pleasure dealing with clients throughout the region and a privilege to be invited into their homes and see some wonderful pieces and fascinating collections.

Appearing on programmes like *Antiques Road Trip* and *Bargain Hunt* is a fun distraction, but I much prefer being out on the road meeting clients who share the same passions as I do.

For enquiries: 01392 413100 / bhandl.co.uk



EMILY WATKEYS ACUITIS OPTICIANS AND HEARING CENTRE

Acuitis offers a wide range of audiology services from hearing assessments to micro-suction wax removal. We have specialist cameras that allow us to show you the health of your ears. Hearing assessments are recommended to adults every three to five years. For those wanting a quick overview, we offer a two minute hearing screening.

I create custom sport, music and sleep moulds for hearing protection. You will often spot our team at local events providing free hearing protection. For patients with hearing loss, we have the latest in hearing aid technology. Our large range of products are suitable for all lifestyles and budgets and include free customisation of colour and size.

Acuitis holds the European patent for spectacles that hold your hearing aid, offering better comfort and style. Book your free appointment today.

For enquiries: 01392 276111 / uk.acuitis.com



SARKA ANDERSONOVA JURASSIC CHILDCARE

I have been the sole director of my childcare business since 2011, and I have a lot of experience in what it is like to run this type of business, providing quality childcare services for our children and their families. I have employed and delegated a team of early years practitioners, as well as working in a partnership with the early years team from Devon County Council. I am a safeguarding lead in our setting. At Jurassic childcare we offer all year round mixed ages Montessori inspired childcare and we are open from 7.30am until 6.00pm.

I offer support for the whole early years setting support, depending on a setting's priorities and needs. I also offer leadership support and coaching for leaders, mentoring for practitioners and support parents with children who may need extra support in their settings or at home. I can also offer support to parents and other businesses and individuals in terms of coaching and mentoring.

For enquiries: 07792 927278 / jurassic-childcare.co.uk





TOM BEDFORD COPPICE & CROWN

I grew up surrounded by timber and so running my family's sawmill seemed only natural when I left school 12 years ago. Our sawmill is now recognised as one of the only large sawmills in the UK dedicated to home-grown timber - buying most of our trees from Devon and Cornwall.

UK Hardwoods is the name that many know us by, but we've recently launched our sister company, solely for our flooring called Coppice and Crown. We specialise in creating bespoke solid wood flooring with boards up to 350mm wide giving the workshop a remarkably unique aspect.

As the business has grown, I've been devoted to preserving the traceability of all our flooring produced with the conversion of tree to floorboard happening entirely in the mill in Devon.

For enquiries: 01769 579795 / coppiceandcrown.co.uk

DAVID TULLY SYMONDS SOLICITORS LTD

After nine years working with Citizens Advice Plymouth, I successfully applied for a Justice First Fellowship running from 2021 to 2022. Now I have joined Symonds Solicitors specialising in family and employment law.

I believe that developing a relationship of trust and respect is the most important aspect of client work. This ensures that they have someone they can rely on should things become difficult.

I specialise in unfair dismissal and discrimination cases but have experience with unpaid wages, redundancy, disciplinary procedures and grievances. My focus is on what will bring the best outcome for you, whether that is through action in a tribunal or direct negotiation.

If you or somebody you know is going through problems with their employer, get in touch and I will be happy to help.

For enquiries: 01752 213560 / symonds-solicitors.co.uk



DAVID BIRCHLEY EXETER VEIN & HERNIA

I am an experienced consultant vascular and general surgeon based in Exeter. I have been successfully offering treatment for a range of vascular and general surgical problems for more than a decade. I have an established track record for providing high quality care and place strong emphasis on offering bespoke treatment solutions for patients according to their individual symptoms, lifestyle, and desired outcome.

I run my private practice out of Nuffield Exeter, a state-of-the-art private hospital in St Leonards, where I have access to operating theatres and inpatient beds for surgical procedures, and treatment rooms for outpatient-based varicose vein treatments. I provide my private patients with full recovery support and am contactable 24/7 following procedures.

For enquiries: 01392 262181 / exetervascular.co.uk

GRAHAM COTON

ROBERT WILLIAMS ESTATE AGENTS

I head up the sales teams at Robert Williams and started my career as an estate agent in the late 80s, so I have seen it all. I have been privileged to sell some of the most interesting and exciting homes to come to the market across central and southern England.

We have just celebrated our 25th anniversary and continue to specialise in the sale of older properties across Devon, with or without land. We use the best marketing techniques available to present our homes beautifully and provide a bespoke personal service to clients, providing the very best service.

We never forget that there is a person or family at the heart of every move and work closely with clients from the very first call until years after the sale.



For enquiries: 07709 052328 / passthekeys.co.uk



FIONA WADEY

TOZERS LLP

I am a divorce and finances solicitor dealing with cases with multiple assets, businesses and pensions, particularly public sector pensions. I love working alongside my clients to help them sensitively and with empathy, moving them from a particularly difficult situation to one where they are able to look to the future with optimism.

My main objective is to achieve a resolution which is pleasing to the client in a manner which respects the relationship they once had and promotes the welfare of any children.

Clients can expect my full support and the benefit of many years of achieving the best outcome while keeping things as simple as possible. I pride myself in having a realistic, no-nonsense approach and I'm always keen to work collaboratively in resolving disputes.

For enquiries: 01392 207020 / tozers.co.uk

ANN COSTON

SAPPHIRE SPACES

Having recently relocated to the south west from London, I am delighted to have joined Sapphire Spaces as head of home and furniture.

With over 25 years' experience in the luxury home and interiors industry I am excited about the opportunity and challenges ahead. Sapphire Spaces has an enviable reputation for contemporary kitchens and bathroom design and installation throughout the region.

The new home and furniture department will allow us to offer clients a wide range of design-led interior and exterior furniture, rugs and homewares, complementing the existing core business.

By working with innovative British and European makers, we aim to present versatile, classic and timeless collections, together with some true iconic pieces.



For enquiries: 01392 879320 / sapphirespaces.co.uk



DR PRADNYA APTE SKIN SOUTHWEST

I am a GDC registered and Harley Street trained aesthetic practitioner with more than 17 years of extensive experience in dentistry and cosmetic procedures. I opened my first clinic, Skin Southwest, in Exeter in 2015.

A background in dentistry has been crucial to my development as a leading aesthetics practitioner. I am able to offer in-depth, bespoke treatment plans that deliver stunning natural results. I offer a wide range of injectable treatments, including anti-wrinkle, lip augmentation and collagen stimulators.

My team of aestheticians are also able to offer non-injectable treatments such as radio-frequency skin tightening, microneedling, IPL and laser, skin tag and mole reduction as well as tattoo removal to name a few. My clinic is also able to offer wellness, menopause and mole check appointments with registered GPs.

For enquiries: 01392 925700 / skinsouthwest.co.uk

ANDY TAYLOR TAYLORMADE PERFORMANCE & REHABILITATION

At Taylormade Performance & Rehabilitation, our services target, tailor and transform your health and wellbeing.

One of our unique services is our metabolic wellness assessment. Insulin is a fat storage hormone which can make it hard to lose weight, as well as causing inflammation that can damage blood vessels and cause joint pain. We use a finger prick blood analysis to measure your lipid profile (cholesterol, HDL, LDL, triglycerides), together with fasting measures of blood glucose and insulin. We then stress test your body with a glucose load to see how metabolically healthy you are.

Insulin is a growth hormone, which is why if you have an elevated level, this growth and inflammation is linked to non-communicable diseases such as diabetes, coronary heart disease, cancer, stroke, and hypertension.

For enquiries: 07855 386634 / taylormaderehab.com



JANET SAWYER MBE BEM LITTLEPOD LTD

I'm the managing director of LittlePod, an award-winning natural ingredients company based in east Devon. Having founded LittlePod in 2010 to educate consumers about real vanilla and its importance to the planet, I'm proud to champion the work of the farming communities in the world's equatorial regions.

Having won the Queen's Award for Enterprise (Sustainable Development) in 2018, I was delighted when LittlePod became one of just 148 companies to receive the 2023 King's Award, the UK's most prestigious business accolade, giving me the opportunity to meet King Charles and tell him about our campaign for real vanilla.

Three days later, we received our King's Award vase from the Lord Lieutenant of Devon - an occasion we celebrated via video link with Made, our vanilla farmer, and his team at the LittlePod orchard in Indonesia.

For enquiries: 01395 232022 / littlepod.co.uk